# SAMPLE MENU - Gluten Free Main Menu <br> Wednesday - Saturday 5-8:45pm 

Steaks \& chicken breast also available on the grill menu (we only have 1 fryer in the kitchen, please be aware of this if choosing our chunky chips, our skinny fries can be done in the oven if preferred)

## Starters

* Fragrant Thai spiced pea, spinach \& watercress soup topped with toasted coconut flakes, spring onion \& coriander (v) $£ 8$
* Garlic king prawn bruschetta; toasted gluten free bread, garlic butter king prawns, asparagus, tomato \& basil salsa, crumbled feta \& balsamic $£ 11$
* Honey glazed marinated chicken strips, grilled halloumi, cajun spiced sweet potato fritter \& sour cream \& chive dip $£ 10$
* Smoked haddock \& spring onion potato cake, crispy bacon, poached egg, wilted spinach \& brandy peppercorn cream sauce $£ 9.50$


## Mains

* Seared Lamb leg steak marinated in rosemary, garlic \& lemon, olive oil mash, sprouting broccoli, minted pea pure, red wine jus \& salsa verde $£ 24$
* Crispy skinned pan roasted chicken supreme, warm potato salad, roast asparagus, bacon lardons, wilted spinach \& kale \& a creamy tarragon sauce $£ 19$
* Pan fried duck breast with a rhubarb jam glaze on a warm spring salad of new potatoes, asparagus, peas \& spinach with a chilli, lemon \& mint dressing $£ 25$
* Fish of the day, see the specials board for todays catch from Hodgson's of Hartlepool £Market price
* Creamy broccoli \& spinach white lasagne, garlic bread \& dressed salad (v) £17


## Desserts

* Lemon meringue stack; layered crisp meringue, lemon curd, vanilla infused cream, crumbled shortbread \& toasted almond \& amaretto ice cream, almond brittle, limoncello syrup \& candied peel $£ 8.50$
* Mini egg cheesecake; rich vanilla \& crushed mini egg cheesecake on a crisp chocolate shortbread base, topped with vanilla cream, mini egg, grated chocolate, caramel sauce \& chocolate ice cream $£ 8.50$
* Banana sundae; fresh sliced banana, baileys whipped cream, banana bread, maple syrup ice cream, caramel sauce, toasted banana marshmallow \& pecan praline $£ 8$ * 3 scoops ice cream with a choice from vanilla, chocolate, almond \& amaretto, vanilla \& sea salt or maple syrup, served with biscuit, creme chantilly \& sauce (chocolate, caramel or limoncello syrup) £7.50

> Please be aware that we do use products containing gluten in the kitchen \& therefore cannot $100 \%$ guarantee to be gluten free

