

Gluten Free Early Bird Menu

Wednesday & Thursday 5-7pm

Friday & Saturday 12-1:30pm & 5-6pm

2 Courses £23

3 Courses £28

* Watercress, spinach & spring onion soup with ginger & coconut milk, topped with fresh coriander & toasted coconut flakes (v)

* Fresh salmon & dill mousse, julienne of smoked salmon, cucumber, watercress, asparagus, radish & lemon dressing

* Nduja spiced pulled pork, creamy orzo pasta with sun dried tomatoes, spinach & parmesan

* Trio of crostini; 3 small toasts with different toppings, whipped goats cheese, apple, honey & walnut/ hummus, zaatar & pomegranate/ tomato, basil pesto & olive (v)

* Fish of the day; Please see the specials board for today's catch from Hodgson's of Hartlepool £Market price

* Tomato jam & soy glazed cauliflower steak, salt & pepper roast potatoes, pak choi, beansprouts, spinach, garlic aioli & sweet chilli sauce(v)

* Slow cooked beef braising steak in red wine & caramelised onion, mashed potato, honey roast root vegetables, kales & red wine braising gravy

* Pan roasted crispy skinned chicken supreme, dauphinois potato, tenderstem broccoli, glazed carrot, kale, spinach puree & a red wine, chorizo & honey sauce

* Lemon mousse, crispy shortbread biscuit, mini meringue, whipped limoncello cream & mixed berry coulis

* Salted caramel panna cotta, peanut praline & toasted marshmallow ice cream

Please be aware that we do use products containing gluten in the kitchen & therefore cannot 100% guarantee to be gluten free